

The Saint Barnabas Beacon

FEBRUARY 1-28, 2018

100+ Years of Building Faith, Family & Fellowship



WEEKLY SCHEDULE FOR THE MONTH OF FEBRUARY

SUNDAYS:

10:00 AM EUCHARIST
10:00 AM SUNDAY SCHOOL

WEDNESDAYS:

7:30 PM BIBLE STUDY

ANNUAL MEETING FEBRUARY 4

Our Annual Meeting will take place following the 10 AM Eucharist on February 4. At that time we will present budget information for 2017 and projections for 2018. There will also be reports from the heads of various committees serving St. Barnabas. We need feedback from parishioners and hope that everyone will plan on attending and participating in discussions about the future of St. Barnabas as we begin 2018.

FEBRUARY OUTREACH: MY SISTER'S PLACE

Since 1976, My Sisters' Place (MSP) has worked to end violence in intimate relationships and combat the effects of domestic violence and human trafficking on women, men, and children throughout Westchester County. MSP has evolved from a grass-roots task force and drop-in center into a cutting edge leader and resource in the field of domestic violence advocacy, shelter and legal services and education and prevention. Based on the tenet of taking a holistic approach and addressing the root causes of family violence, MSP is continually expanding in order to effectively respond to the increasing and changing needs of individuals in crisis. MSP's mission is to engage each member of society in our work to end domestic violence and human trafficking, so that all relationships can embrace the principles of respect, equality, and peacefulness.

2017 Agency Highlights

- MSP's Legal Center assisted more than 1,200 individuals with legal brief services, advice and representation related to orders of protection, child support and custody and immigration.
- MSP's emergency hotline answered more than 4,300 calls.
- MSP's counseling programs supported over 1,000 adult survivors through individual and group support.
- MSP's children's services supported over 130 children through individual and group support and art therapy programs.
- MSP's emergency shelter provided housing for more than 175 adults and children.
- MSP's Domestic Violence Education and Prevention program served over 5,000 youth.
- MSP's Human Trafficking Program provided support, case consultation and services to more than 85 survivors of human trafficking and their family members.
- MSP's Operation Safety Program trained over 1,000 Healthcare Professionals.

FEBRUARY 13 SHROVE TUESDAY PANCAKE SUPPER

6:30-8:30 PM

As usual the Men's Group will host our annual Shrove Tuesday Pancake Supper where they will offer all you can eat pancakes and sausages. We look forward to seeing everyone at this pre-Lenten feast for a leisurely meal and good conversation.



SHROVE TUESDAY

ASH WEDNESDAY, FEBRUARY 14 7:30 PM LITURGY FOR ASH WEDNESDAY WITH IMPOSITION OF ASHES

There will be one service for Ash Wednesday in the sanctuary at 7:30 in the evening.

A MIDNIGHT RUN STORY

The following report came from a woman who participated in the December Midnight Run and describes in a powerful way the impact of going on a run. Our St. Barnabas run for February will take place on February 16. Please sign up to either help in the preparation or to go on the run.

I am originally from Austria, but I live outside NYC and volunteer for an organization called Midnight Run. We pack our cars with food, clothes, toiletries, blankets, etc. and drive into the city every month to distribute those items to the homeless. We just did our December run this past Friday night. It was snowing all day and we were worried if the roads were safe or not. But somehow, we felt that we needed to brave the snow and cold and go.

Due to the weather, the groups of people at our stops were much smaller than usual. Somehow, we also had a really good amount of items to hand out and it was nice to be able to give them seconds of certain things. Often times I have to tell people "Sorry, we're out"... Just how do you say NO to someone who has nothing? Despite the snow and cold, everyone was cheerful and they kept wishing us Merry Christmas and a safe drive home and kept thanking us for coming out that night.

Now, I know, just like with your kids, you're not supposed to have favorites, but there is this little old man at one of the stops who just has a special place in my heart. Judging by his accent, he must be somewhere from Eastern Europe. He is very quiet and polite and always waits in the back for his turn. Some of the younger guys are more pushy and move ahead of him, so sometimes he doesn't get his share. But he always smiles and says hello to me.

Since we had extras, I was able to pack him a little bag of "goodies". When he came up to me, I handed it to him and said, "Here, take this, Merry Christmas". His face lit up, he gave me a hug

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with tears in his eyes said “Thank you very much and Merry Christmas and God Bless”.

He then told me that he did not want to come to the stop tonight, because it was so cold and it was snowing. Since he did not have good Winter shoes, he was afraid that he would slip and fall and hurt himself. But he knew that it was our turn to do the run and that if he came, he would get a Christmas Blessing. He then said that I was his Christmas Blessing. I was so touched by his words, but I did not feel deserving of them. What did I do to deserve to be called a Christmas Blessing? It seems so small and insignificant what I do; I’m just grateful that I’m able to do my little part and help out with such a great cause.

BUT: It was in that moment that I realized it WAS enough! That what I did was exactly enough for that moment! It’s those small gestures of kindness, that are so important every day. They don’t cost anything, take little effort, but they can make such a big difference. And often times, we don’t even know it. I was lucky to realize it that night.

So, my favorite little old man may have gotten some extra goodies that night, but I got so much more! And that is my Christmas Blessing.

AN AMAZING COFFEE HOUR HOSTED BY THE CARDOSI FAMILY

St. Barnabas parishioners had a really special treat on Sunday January 7, when the Cardosi family hosted a Nutcracker-themed “Land of the Sweets” coffee hour in honor of daughter Kelly’s December performance in The Nutcracker at the County Center. There were about 10 treats, each based on the actual ballet/dance it represented. So for the “Dance of the Snowflakes” there were gorgeous snowflake-shaped cookies and a photo of the ballerinas in that dance. The whole display was truly awesome—and delicious! Photos of the treats appear on the right. Our thanks to the Cardosi family for a truly memorable coffee hour!

